



Live Well San Diego Expanded Indicators October 2014



HEALTH



KNOWLEDGE

STANDARD OF
LIVING

COMMUNITY



SOCIAL

Indicator	Measure	We want to increase this ↑ We want to decrease this ↓	San Diego	California	United States
			Current Year	Current Year	Current Year
HEALTH - Enjoying good health and expecting to live a full life					
Life Expectancy	Measure of length and duration of life expected at birth	↑	81.6 yrs (2011)	80.8 yrs (2011)	78.7 yrs (2011)
Quality of Life	Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions)	↑	94.6% (2012)	94.5% (2012)	94.2% (2012)
KNOWLEDGE - Learning throughout the lifespan					
Education: High School Diploma	Percent of population with a High School Diploma or equivalent	↑	84.6% (2012)	81.5% (2012)	86.4% (2012)
Less Than High School Diploma	Percent of population with less than a High School Diploma or equivalent	↓	15.4% (2012)	18.5% (2012)	13.6% (2012)
Bachelor's Degree or Equivalent	Percent of population with a Bachelor's Degree	↑	33.2% (2012)	30.9% (2012)	29.1% (2012)
Graduate or Professional Degree	Percent of population with a Graduate or Professional Degree	↑	12.6% (2012)	11.3% (2012)	10.9% (2012)
School Enrollment	Percent of combined gross enrollment of school aged population	↑	89.6% (2012)	90.4% (2012)	88.8% (2012)
STANDARD OF LIVING - Having enough resources for a quality life					
Unemployment Rate	Percent of the total labor force that is unemployed (actively seeking employment and willing to work)	↓	9.9% (2012)	11.4% (2012)	9.4% (2012)
Spending Less Than 1/3 of Income on Housing	Percent of population spending less than 1/3 of income on housing	↑	49.0% (2012)	51.7% (2012)	61.9% (2012)
COMMUNITY - Living in a clean and safe neighborhood					
Security: Crime Rate	Number of crimes per 100,000 people (all crimes, including violent and property)	↓	2,570.5 (2012)	3,181.8 (2012)	3246.1 (2012)
Violent Crime Rate	Number of violent crimes per 100,000 people (includes murder and non-negligent manslaughter, forcible rape, robbery and aggravated assault)	↓	373.6 (2012)	423.1 (2012)	386.9 (2012)
Property Crime Rate	Number of property crimes per 100,000 people (includes burglary, larceny-theft, and motor vehicle theft)	↓	2,196.9 (2012)	2,758.7 (2012)	2,859.2 (2012)

Note: The most current local data, that has state and national comparison data, is reported. N/A means data is Not Available. LWSD Top 10 Indicators are bolded.

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			Current Year	Current Year	Current Year
COMMUNITY - Living in a clean and safe neighborhood					
Overall Unintentional Injury Rate	Number of unintentional injuries per 100,000 people	↓	5,874.2 (2012)	6,421.8 (2012)	N/A
Perception of Safety	Percent of population that feels safe in their neighborhood <i>(Survey only conducted for San Diego County in 2011-2012)</i>	↑	92.3% (2011-2012)	N/A	N/A
Physical Environment: Air Quality	Percent of days that air quality was rated as unhealthy <i>(No new data)</i>	↓	6.8% (2010)	12.5% (2010)	3.5% (2010)
Water Quality	Rate of violations per year for federally regulated drinking water contaminants per 100,000 people	↓	2.0 (2013)	7.3 (2013)	48.1 (2013)
Beach Notification Actions	Percent of beach days under a beach notification action (advisories and closures)	↓	1.0% (2012)	4.6% (2012)	4.5% (2012)
Built Environment: Distance To Park	Percent of population living within a half mile of a park <i>(No new data)</i>	↑	50% (2010)	58% (2010)	36.8% (2010)
Recreational Facilities	Number of recreational facilities per 100,000 people	↑	15.0 (2012)	12.4 (2012)	14.5 (2012)
SOCIAL - Helping each other to live well					
Vulnerable Populations: Food Insecurity	Percent of population with income of 200 percent of poverty or less, who have experienced food insecurity	↓	40.7% (2011-2012)	41.7% (2011-2012)	N/A
Self-Care Difficulty	Percent of population who have difficulty caring for themselves	↓	2.2% (2012)	2.6% (2012)	2.7% (2012)
Linguistic Isolation	Percent of population isolated because they are unable to communicate effectively in English	↓	8.6% (2012)	9.6% (2012)	4.5% (2012)
Lack of Health Insurance	Percent of population without health insurance, 18 to 64 years of age	↓	22.0% (2011-2012)	21.4% (2011-2012)	20.6% (2012)
Community Involvement: Volunteerism	Percent of population who volunteer	↑	31.2% (2012)	25.2% (2012)	26.5% (2012)
Charitable Contributions	Percent of residents who donate to charity.	↑	55.9% (2012)	48.7% (2012)	51.0% (2012)
Voted in 2012 Presidential Election	Percent of residents registered to vote who voted in the 2012 presidential election <i>(No new data)</i>	↑	77.0% (2012)	72.4% (2012)	61.8% (2012)

Note: The most current local data, that has state and national comparison data, is reported. N/A means data is Not Available. LWSD Top 10 Indicators are bolded.

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Indicator	San Diego County	California	United States	Description & Source
HEALTH - Enjoying good health and expecting to live a full life				
Life Expectancy				
Life Expectancy: Measure of Length and Duration of Life Expected at Birth	81.6 yrs (2011)	80.8 yrs (2011)	78.7 yrs (2011)	<p>Expected number of years a person will live as determined by the mortality rate. Life expectancy at birth is the average number of years a baby born today is expected to live if current mortality patterns continue throughout his or her lifetime. A widely used indicator of the health of a population, life expectancy reflects the overall mortality of a population and measures quantity rather than quality of life.</p> <p>Sources: US and state data from The United States Centers for Disease Control and Prevention. Mortality Statistics. http://www.cdc.gov/nchs/fastats/lifexp.htm for 2010 and 2011. County data prepared by County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch, 12/2012 and 6/2014. Accessed online 7/2014.</p>
Quality of Life				
Quality of Life: Ability to Live Independently	94.6% (2012)	94.5% (2012)	94.2% (2012)	<p>Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions). There is substantial research under way to measure quality of life in terms of health, including measures that adjust for disability or other factors assumed to affect quality of life. However, there is no consensus currently on the best measure. Until such time as a definitive measure is identified, this measure of sufficient health to be able to live independently will be used to track quality of life. This measure captures the percentage of the adult population that do not have health issues that prevent them from living independently. The measure is based on self-reporting of ability to carry out Activities of Daily Living (ADL). The adult population included are not living in nursing homes, hospitals, mental health facilities, jails or other institutions.</p> <p>Source: American Community Survey (ACS) 2011 and 2012 1-yr estimates, tables S1810 for those with independent living difficulty. Accessed online 08/2014.</p>



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KNOWLEDGE - Learning throughout the lifespan				
Education				
High School Diploma or Equivalent	84.6% (2012)	81.5% (2012)	86.4% (2012)	<p>Among the 25 years and over percent of population; this includes everyone with at least a high school diploma or equivalent. <i>The U.S. Department of Health & Human Services Healthy People 2020 has adopted targets for similar measures related to the achievement of a high school diploma or equivalent, however due to differences in methodology the targets are not applicable to the Live Well San Diego Education Indicator.</i></p> <p>Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2011 and 2012. Accessed online 08/2014.</p>
Less than a High School Diploma or Equivalent	15.4% (2012)	18.5% (2012)	13.6% (2012)	<p>Among the 25 years and over percent of population; this includes only the category of less than a high school diploma or equivalent.</p> <p>Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2011 and 2012. Accessed online 08/2014.</p>
Bachelor's Degree	33.2% (2012)	30.9% (2012)	29.1% (2012)	<p>Among the 25 years and over population; this includes those with a bachelor's degree or higher.</p> <p>Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2011 and 2012. Accessed online 08/2014.</p>
Graduate or Professional Degree	12.6% (2012)	11.3% (2012)	10.9% (2012)	<p>Among the 25 years and over percent of population; this includes the categories of master's degree, doctorate degree, or professional school degree.</p> <p>Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2011 and 2012. Accessed online 08/2014.</p>
School Enrollment	89.6% (2012)	90.4% (2012)	88.8% (2012)	<p>Percent of population of combined gross enrollment (enrollment in primary, secondary, and tertiary school regardless of age) out of all those who are school age (age 3 through 24 years).</p> <p>Sources: County and State data from pivot tables; National data from American Community Survey (ACS) query data 1 yr. estimates Tables B14001, B09001 and S0101, 2011 and 2012. Accessed online 08/2014.</p>



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STANDARD OF LIVING - Having enough resources for a quality life				
Unemployment Rate				
Unemployment Rate: Percent of the Total Labor Force that is Unemployed	9.9% (2012)	11.4% (2012)	9.4% (2012)	<p>Unemployment is defined as those members of the total labor force, ages 16 and over, that do not have a job, are available and willing to work, and are actively seeking employment.</p> <p>More current local unemployment data is available but may not have State or National comparison data, or is subject to being adjusted over time. Even though there is about a 2-yr lag time American Community Survey data is updated annually, includes comparison data and will not be adjusted over time.</p> <p><i>The County Health Rankings & Roadmaps, produced by the Robert Wood Johnson Foundation, establishes a similar measure, a national benchmark of 4.4% for the percent of population age 16+ unemployed but seeking work. This benchmark is based on the top US performers at the 90th percentile (only 10% are better).</i></p> <p>Source: American Community Survey (ACS) 2011 and 2012 5-yr estimates for County; 1-yr estimates for State and nation. Table S2301. Accessed online 08/2014.</p>
Income				
Spending Less Than 1/3 of Income on Housing	49.0% (2012)	51.7% (2012)	61.9% (2012)	<p>Percent of population spending less than a third of household income on housing. This is considered the acceptable housing cost threshold used by many government agencies.</p> <p>Source: American Community Survey (ACS) 2011 and 2102, 5 and 1-yr estimates. Table S2503 breakdown by income using those 29 percent and less on income on housing. Accessed online 08/2014.</p>
Other Standard of Living Indicators are currently under development.				



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COMMUNITY - Living in a clean and safe neighborhood				
Security				
Crime Rate	2,570.5 (2012)	3,181.8 (2012)	3246.1 (2012)	<p>Number of crimes per 100,000 people, reported to law enforcement. All crimes are included-violent and property crimes. The data presented in the FBI's <i>Crime in the United States</i> report requires that only the most serious offense in a multiple-offense criminal incident be counted. In descending order of severity, the violent crimes are murder and non-negligent manslaughter, forcible rape, robbery, and aggravated assault, followed by the property crimes of burglary, larceny-theft, and motor vehicle theft. Although arson is also a property crime, it is not included in the crime rate. (See below for a breakdown of violent and property crimes.)</p> <p>More current, local crime statistics are available however this data is not yet included in the FBI Criminal Justice Information Services data base due to the lag time in collecting data.</p> <p>Source: US Department of Justice-Federal Bureau of Investigation's Uniform Crime Reports 2011 and 2012. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2012/crime-in-the-u.s.-2012. Accessed online 08/2014.</p>
Crime Rate-Violent Crime	373.6 (2012)	423.1 (2012)	386.9 (2012)	<p>Number of violent crimes per 100,000 people, reported to law enforcement. The data presented in the FBI's <i>Crime in the United States</i> report requires that only the most serious offense in a multiple-offense criminal incident be counted. Violent crimes are murder and non-negligent manslaughter, forcible rape, robbery, and aggravated assault.</p> <p>Source: US Department of Justice-Federal Bureau of Investigation's Uniform Crime Reports 2011 and 2012. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2012/crime-in-the-u.s.-2012. Accessed online 08/2014.</p>
Crime Rate-Property Crime	2,196.9 (2012)	2,758.7 (2012)	2,859.2 (2012)	<p>Number of property crimes per 100,000 people. The data presented in the FBI's <i>Crime in the United States</i> report requires that only the most serious offense in a multiple-offense criminal incident be counted. Property crimes are burglary, larceny-theft, and motor vehicle theft. Arson is also a property crime, but data for arson are not included in property crime totals.</p> <p>Source: US Department of Justice-Federal Bureau of Investigation's Uniform Crime Reports 2011 and 2012. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011. http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2012/crime-in-the-u.s.-2012. Accessed online 08/2014.</p>



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COMMUNITY - Living in a clean and safe neighborhood				
Security				
Unintentional Injuries	5,874.2 (2012)	6,421.8 (2012)	N/A	<p>Rate of unintentional injuries per 100,000 people. This includes unintentional injuries requiring an emergency room visit, hospitalization, or resulting in death. National data for this Indicator is incomplete. The rate of unintentional injury is an aggregation of death, hospitalization, and emergency department discharge data. Across California, including San Diego County, there exists a requirement to report these data. However, in other parts of the country there is no such requirement. This is why national data are incomplete and, as stated here, "N/A" or Not Available.</p> <p>Sources: US data compiled using CDC's WISQARS database 2010 and 2012 (but not used as only death and hosp); CA using California Department of Public Health EPICenter database 2010 and 2012, http://epicenter.cdph.ca.gov; Regions by CoSD EMS databases. County of San Diego Death, Hospitalization, and Emergency Department Discharge database 2010 and 2012. http://www.sdcountry.ca.gov/hhs/programs/phs/documents/CHS-Community Profiles Injury 2011.pdf. Accessed on 8/2014.</p>
Perception of Safety	92.3% (2011-2012)	N/A	N/A	<p>Percent of population that feels safe in their neighborhood. People's perception of feeling safe is based on their response to a survey question, "Do you feel safe in your neighborhood?" A response is positive if the respondent indicated he or she feels safe all or most of the time. This measure is included because of the importance of perception of safety to the overall well-being of residents. There is no comparable national data available. This survey question was not only asked at the County level in 2011-2012. <i>The California Health & Human Services Agency's "Let's Get Healthy California" framework establishes a 2022 target of 96% for this same measure.</i></p> <p>Source: California Health Interview Survey (CHIS) 2009 and 2011-2012. Accessed online 8/2014.</p>



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COMMUNITY - Living in a clean and safe neighborhood				
Physical Environment				
Air Quality	6.8% (2010)	12.5% (2010)	3.5% (2010)	<p>Percent of days that air quality was rated as unhealthy for sensitive populations due to ozone and fine particulate matter (FPM, <2.5 um in diameter). This is a 3-yr average percent of days (2008-2010) with Air Quality Index value greater than 100 in the San Diego Air Basin. Most current air quality data is from 2010.</p> <p>Source: <i>Number of Days with Air Quality Index Values Greater than 100 at Trend Sites</i>. 2010 Environmental Protection Agency. http://www.epa.gov/airtrends/agtrends.html. Accessed online 07/22/2013.</p>
Water Quality	2.0 (2013)	7.3 (2013)	48.1 (2013)	<p>Rate of violations per year for federally regulated drinking water contaminants per 100,000 people. The Environmental Protection Agency (EPA) sets minimum standards for water quality samples taken from ground water wells. Because California has stricter water quality standards, water quality tends to be better in California compared to the rest of the nation, as these data reflect. Furthermore, data for violations comes from monitoring of ground water wells which is only a small portion of San Diego County's water supply because the county imports most of its water. San Diego County's use of imported water and relatively good ground water quality both contribute to its low rate of violations.</p> <p>Sources: 2013 EPA water violations from SDWISFED Drinking Water Data. Accessed on: 8/2014 . http://water.epa.gov/scitech/datait/databases/drink/sdwisfed/index.cfm. Supervisorial district, regional and SRA values not available.</p>
Beach Notification Actions	1.0% (2012)	4.6% (2012)	4.5% (2012)	<p>Percent of beach days per year under a beach notification action. A beach notification action includes advisories when sample results exceed bacterial standards and closures when water is affected by sewage spills. Beach notification actions are based on beach monitoring and notification data reported by coastal and Great Lakes states and territories to the U.S. Environmental Protection Agency as required by federal law. <i>The U.S. Department of Health & Human Services Healthy People 2020 target for a similar measure is 96% for the proportion of days that beaches were open and safe for swimming; making the target for the proportion of days beaches were not open as 4% .</i></p> <p>Sources: Environmental Protection Agency <i>Swimming Season Update, 2011 and 2012</i>. Accessed online 8/2014. Supervisorial district, regional and SRA values not available.</p>



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Indicator	San Diego County	California	United States	Description & Source
COMMUNITY - Living in a clean and safe neighborhood				
Built Environment				
Distance to Park	50.0% (2010)	58.0% (2010)	36.8% (2010)	<p>Percent of population living within a half mile of a park (about a ten-minute walk). Access to parks can influence choices to engage in physical activity and community involvement, resulting in positive health impacts. Most current distance to park data is from 2010.</p> <p>Source: Centers for Disease Control and Prevention. Healthy Community Design Initiative and Geospatial Research Analysis and Services Program. Accessed from Environmental Public Health Tracking Network 2010. http://www.cdc.gov/ephttracking. Accessed online 07/24/2013.</p>
Recreational Facilities	15.0 (2012)	12.4 (2012)	14.5 (2012)	<p>Number of recreational facilities per 100,000 people. The availability of recreational facilities can influence choices to engage in physical activity. Recreational facilities are defined as establishments primarily engaged in operating fitness and recreational sports facilities, featuring exercise and other active physical fitness conditioning or recreational sports activities. This Indicator of Recreational Facilities has several limitations, including the fact that the physical presence of a facility does not necessarily translate into easy access or frequent use by community members. Also, Recreational Facilities do not include YMCAs and intramural/amateur sports clubs, or opportunities to engage in natural fitness activities within parks or other public areas. <i>Health Rankings & Roadmaps, produced by the Robert Wood Johnson Foundation, establishes a national benchmark of 16 recreational facilities per 100,000 people.</i></p> <p>Source: 2014 County Health Rankings & Roadmaps. County Business Patterns data set, 2010 and 2012 . Accessed on line 08/2014.</p>



Live Well San Diego Expanded Indicators



Indicator	San Diego County	California	United States	Description & Source
SOCIAL - Helping each other to live well				
Vulnerable Populations				
Food Insecurity	40.7% (2011-2012)	41.7% (2011-2012)	N/A	<p>Percent of population who have experienced food insecurity. Based on a survey of individuals with income of 200 percent of poverty or less who answered affirmatively to at least one of six questions that reflect an inability to purchase enough food to meet individual or family needs. There is no comparable national data available.</p> <p><i>The U.S. Department of Health & Human Services Healthy People 2020 has adopted a target for a similar measure based on the proportion of US households classified as food insecure over a 12-mo period, however due to differences in methodology the target is not applicable to the Live Well San Diego Food Insecurity Indicator.</i></p> <p>Source: California Health Interview Survey 2011-2012. Supervisorial district and regional information from CHIS, ages 18-64 for 2011-2012. Accessed on: 8/2014.</p>
Self-Care Difficulty	2.2% (2012)	2.6% (2012)	2.7% (2012)	<p>Percent of population who have difficulty caring for themselves. Self-care difficulty is based on survey respondents indicating difficulty with two of six Activities of Daily Living (ADL), used by health care providers to assess patients' self-care needs.</p> <p>Source: American Community Survey (ACS) 2011 and 2012. Table S1810. Accessed online 08/2014. Supervisorial district, regional and SRA values not available.</p>
Linguistic Isolation	8.6% (2012)	9.6% (2012)	4.5% (2012)	<p>Percent of population considered linguistically isolated because they are unable to communicate effectively in English. A linguistically isolated household is defined as a household in which no person 14 years old and over speaks only English, and no person 14 years old and over who speaks a language other than English speaks English "very well". All the members of a linguistically isolated household are tabulated as linguistically isolated, including members under 14 years old who may speak only English.</p> <p>Source: American Community Survey (ACS) 2011 and 2012. Table S1602. Accessed online 08/2014. Supervisorial district values not available.</p>



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SOCIAL - Helping each other to live well				
Vulnerable Populations				
Lack of Health Insurance	22.0% (2011-2012)	21.4% (2011-2012)	20.6% (2012)	<p>Percent of population without health insurance coverage, 18 to 64 years of age. Children and seniors are not included because they are eligible for public programs.</p> <p><i>A number of organizations provide national (and state) targets for health insurance. The U.S. Department of Health & Human Services, Healthy People 2020 has set the target of 0% without health insurance for the population under age 65. The County Health Rankings & Roadmaps, produced by the Robert Wood Johnson Foundation, establishes a national benchmark of 11% without health insurance for the population under age 65. This benchmark is based on the top US performers at the 90th percentile (only 10% are better).</i></p> <p>Sources: US data from American Community Survey (ACS) 1 yr estimates 2011 and 2012, Table S2701. State and County data from California Health Interview Survey (CHIS) 2009 and 2011-2012. Accessed on: 8/2014.</p>
Community Involvement				
Volunteerism	31.2% (2012)	25.2% (2012)	26.5% (2012)	<p>Percent of population who volunteer. Volunteers are considered individuals who performed unpaid volunteer activities through or for an organization at any point during the 12-month survey period.</p> <p>Source: Corporation for National and Community Service, Volunteering and Civic Life in America 2012, (data from 2011 and 2012). http://www.volunteeringinamerica.gov/. Accessed online 08/2014.</p>



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SOCIAL - Helping each other to live well				
Community Involvement				
Charitable Contributions	55.9% (2012)	48.7% (2012)	51.0% (2012)	Percent of residents who donate to charity is new data source used to track charitable contributions. Percent of households reporting charitable contributions on itemized tax returns was used as baseline data but data source is no longer available. Source: National Center for Charitable Statistics for 2006 data (this data source is no longer available). Corporation for National and Community Service 2012. Accessed online 08/2014.
Voted in 2012 Presidential Election	77.0% (2012)	72.4% (2012)	61.8% (2012)	Percent of residents registered to vote who voted in the most recent presidential election for which data are available. Most current presidential election data is from 2012. Sources: County and State data from California Secretary of State, 2012 presidential election results: Participation by County. US data from U.S. Census Bureau Report: <i>Voting and Registration in the Election of 2012</i> . Accessed on line 08/14/2013.